



New
Technology
For Improved
SKiN

By Dr. Dennis Schimpf

As fall rapidly approaches, it is obvious that summer has slipped away and so too have those long fun days in the sun. Unfortunately as our tan fades the one thing that remains is sun-damaged skin. The good news is there are treatment options available to help reverse that damage. One of the most recent technologies to the market is the Smart Skin⁺ microablative CO2 laser by Cynosure. This laser makes micro holes in the skin from which new healthy collagen and skin grow, replacing your damaged, aged skin with healthy, glowing youthful-appearing skin. The device has various settings that allow a patient to have anywhere from a two-day recovery up to a more aggressive treatment requir-

ing seven to ten days. During this time period, patients experience redness and swelling, but little to no pain. Maximum results are seen within six to eight weeks of your initial treatment, and repeat treatments may be performed for a more dramatic result.

The laser is excellent for improving moderate wrinkles, dramatic skin tightening, and improvement of previous scars and discolorations in the skin, as well as even improving acne scars. Treatments can be performed anywhere on the body, including those hard-to-treat wrinkles around the mouth, as well as the discoloration and skin laxity of the neck, chest and hands. Thus far, the results we have seen with our

patients have been quite impressive. While I don't believe lasers will ever completely replace surgery, they do offer an option for patients not interested in or ready for surgery. Now is the time to get your skin ready for the holiday season.

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